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HALIFAX

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Thursday, February 3, 2011  
www.metronews.ca



News worth sharing.

**Student. Day of action**



► Hundreds of protesters march down Spring Garden Road during the Nova Scotia Student Day of Action yesterday. Students from around the province were rallying against increasing tuition fees. Story, page 2.

# HRM gets a winter wallop

► Storm batters Halifax with snow, but winds not as high as expected ► About 45 centimetres of snow since Tuesday



**PHILIP  
CROUCHER**  
@METRONWS.CA

Well, lucky us.

It seems as far as total snowfall goes for yesterday's major winter storm, HRM hit "close to the jackpot for Nova Scotia," Environment Canada meteorologist Jeremy Marsh said last night.

Upwards of 30 centimetres had fallen on the Halifax area by yesterday evening, with another five centimetres expected overnight and into early this morning. "We've had much nastier storms than this," Marsh said, referring to storms from years past. "It was a pretty widespread storm, but in terms of strength it wasn't that bad."

"If you want to compare it to White Juan, that was much, much stronger." Still, the storm packed a pretty good punch.

Marsh said the worst of the snow fell between 3 and 5 p.m., with about 15 cm coming down in that time period.

In Sackville, Marsh estimated about 10 cm of snow fell in an hour. He called that an "extreme amount."



► A woman passes by the Public Gardens as she walks through the snow yesterday.

The storm basically shut down the municipality by yesterday afternoon, with most getting off work early before the worst of it hit.

Police say accidents were very minimal considering the conditions, as most heeded warnings to only be on roads if they needed to be.

"It seems people are at home, staying home," said Halifax RCMP Staff Sgt. Gerald Grobmeier. "And those driving are driving carefully enough."

Students protest rising tuition fees

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# 1

news



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## On the web at metronews.ca



The owner of the tour operator behind the B.C. sled-dog slaughter says it didn't order shootings. More at [metronews.ca](http://metronews.ca)

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# March of saving dimes

- ▶ Students protest tuitions after classes cancelled due to snowfall
- ▶ Average Nova Scotian faces \$31,000 debt after undergraduate degree: CFS

RYAN TAPLIN/METRO



▶ Students cheer during a rally against tuition hikes yesterday at Victoria Park.



ALEX BOUTILIER  
@METRONEWS.CA

More than 1,000 students braved blizzard conditions yesterday to protest what they call the province's high costs for post-secondary education.

It was the largest crowd to turn out for the Canadian Federation of Students' National Day of Action in recent memory.

The students were calling on the Darrell Dexter government to reduce tuition fees.

"Back when the NDP was the Opposition, they promised to reduce tu-

ition fees," said Gabe Hoogers, CFS Nova Scotia representative.

"They have gone back on that promise." The group gathered in Victoria Park at 1 p.m. After speeches and chants, they began their march to Province House.

A handful of Halifax Regional Police attempted to block off Spring Garden Road and divert the students to Sackville Street. But after the crowd stalled in the intersection and began moving toward the blockade, police relented and moved out of the way.

"Sometimes, when

you're dealing with large masses, you have to be fluid in your decision-making," said police spokesman Const. Brian Palmeter. "In this case, we wanted to try and work with protesters."

The crowd made its way down Spring Garden to Barrington Street and, finally, to Province House. "We've been left out of decisions that will affect us in our day-to-day lives," said Hoogers, who attends the University of King's College — Dexter's alma mater.

"So we're here to tell the Darrell Dexter government that they need to

## Tuition thaw

▶ The province announced Tuesday that universities will be able to charge up to three per cent more for tuition starting next year.

▶ University funding will also be cut by four per cent in 2011-12.

listen to us — they need to listen to the population that elected them."

The protest came a day after Advanced Education Minister Marilyn More announced the government is ending a three-year freeze on tuition fees.

## Key school meeting postponed

Today's meeting between Education Minister Ramona Jennex and school board representatives has been called due to weather.

A departmental official said yesterday the meeting will be rescheduled, hopefully for early next week, because of heavy snowfall.

Jennex called the meeting last Thursday, after weeks of back-and-forth between the boards and the government over a "funding exercise" that asked boards to find ways to cut budgets by 22 per cent over three years.

Jennex said the boards would receive their budget allocations by this Sunday — although she wanted to hold the meeting before releasing them. ● METRO

## Billard returned to prison

Archie Billard is scheduled to go to trial in April for eight charges relating to an incident in Halifax on Jan. 22.

Billard is facing charges of breaching probation and driving while disqualified, along with six separate weapons-related offences.

Billard was remanded back to the Central Nova Correctional Facility in Burnside after an appearance at Halifax provincial court yesterday, CTV reports. No bail application was filed.

In 2004, Billard caused the crash that killed Theresa McEvoy, a 52-year-old teacher's aide. He was sentenced to 4½ years in prison and a 10-year driving prohibition.

Since his release in 2009, Billard has had several run-ins with the law. ● METRO

## Mounties make 9 drug arrests

Police in northern Nova Scotia say a two-month investigation has resulted in drug charges against nine people.

RCMP say they also seized six kilograms of cocaine, almost two kilograms of marijuana, 20 rifles and a large amount of cash between Tuesday night and early yesterday. Eight men and one woman face charges including trafficking. THE CANADIAN PRESS

# Shot will boost your chances of passing flu season unscathed

## 19 and counting

▶ 2010-11's flu season, which runs from September to September, has seen 19 lab-confirmed cases of H3N2 and H1N1, or swine flu.

The province is urging Nova Scotians to get immunized after confirming "more cases of seasonal flu."

Dr. Maureen Baikie, the province's deputy chief medical officer, said seasonal flu is not widespread

in the province.

But she said some people are falling ill.

"It's important that Nova Scotians take preventative measures to reduce the spread of illness," said Baikie, in a release.

"And, most importantly,

that they get immunized."

Baikie said some areas of the province where cases of flu are on the rise include the Capital District, Guysborough, Antigonish, Strait and Cape Breton regional health authorities.

● ALEX BOUTILIER



# Caregiver discrepancy questioned

Should be consistency in caregiver standards and pay: Whalen Woman says some disabled people frightened to speak out about quality of care

A disabled Halifax woman is questioning why provincial funding for the hourly wage of a home-care worker is almost \$8 lower when she directly hires the caregiver than when she receives help through an external agency.

Karen Larsen's case came up yesterday during a hearing before a legislature committee examining the funding of programs for persons with disabilities.

Diana Whalen, the Liberal member who represents Larsen, said it's illogical the Community Services Department would provide an agency with \$17.50 per hour for a person to assist her but only budgets for \$9.65 per hour when she hires the worker herself.

"If you give somebody minimum wage to replace the person they used to have under a service provider, they don't have



► Diana Whalen

the capacity to hire somebody with the qualifications because they don't have the funding," said Whalen.

Whalen said the care from a service provider wasn't meeting Larsen's needs and argued it shows the higher price tag doesn't produce good results.

Larsen has spastic cerebral palsy and is in a wheelchair.

A Community Services official said the reason for the higher wages for caregivers hired through agencies is they are required to meet specific standards.

THE CANADIAN PRESS

Shubenacadie. Sam



► Shubenacadie Sam rests outside his den at the wildlife park in Shubenacadie yesterday morning.

ANDREW VAUGHAN/THE CANADIAN PRESS

## Early spring ahead?

Shubenacadie Sam didn't see his shadow on a wintry Groundhog Day yesterday, so, as folklore dictates, we will have an early spring.

# Stabbing linked to drugs

Police say a stabbing on Tuesday evening in Uniacke Square wasn't a random incident and is believed to be related to drugs.

Halifax Regional Police say the victim had a confrontation with a group of men in the area of Cragg Avenue and Uniacke Street around 5 p.m. He was subsequently stabbed, suffering what police are calling non-life-threatening injuries.

**"The victim was known to officers, which assisted us to where the crime scene was."**

CONST. BRIAN PALMETER

"Through the course of our investigation ... investigators have determined drugs played a role in this incident," said police spokesman Const. Brian Palmeter.

Police found out about the incident after they were contacted by the QEII Health Sciences Centre around 7:30 p.m. regarding a man in the Halifax Infirmary emergency room suffering from a stab wound.

The victim, according to police, arrived on his own to hospital, and when approached by officers he wouldn't provide a statement.

PHILIP CROUCHER

## News in brief

### Man gets 3½ years for death of senior

**COURT.** A man charged in the death of a 70-year-old Cape Breton man has been given 3½ years in prison.

Richard James Benson of Waycobah pleaded guilty to manslaughter in the 2008 death of Ivan Rorison of Inverness.

The 27-year-old Benson was sentenced yesterday in Port Hawkesbury.

Rorison died as a result of injuries he suffered when he was robbed and beaten in his home in June 2008.

Benson is the last of seven people in the case to be sentenced.

THE CANADIAN PRESS

### Business owners feeling pessimistic

**SURVEY.** Many Nova Scotia

business owners are feeling that the glass is half empty.

A survey by the Canadian Federation of Independent Businesses shows the province's business owners got a score of 66.4 on optimism — only New Brunswick scored lower.

Our optimism dropped a little from December.

● METRO



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## EGYPT FALLOUT

## China: Don't get any ideas

The protests in Egypt are about free elections and overthrowing a longtime dictator? Not according to China's state media, which is painting them as the kind of chaos that comes with Western-style democracy.

The recent uprisings in Egypt and Tunisia are

no doubt giving pause to many authoritarian regimes, but nowhere else appears to be as determined to control the message as China.

Newspapers can only publish accounts of the protests from the official Xinhua News Service, a policy often invoked on stories the government considers sensitive. Censors have blocked the ability to search the term "Egypt" on microblogging sites, and deleted comments that draw parallels to China.

THE ASSOCIATED PRESS

## U.S. lauds news out of Yemen

Obama administration officials told The Associated Press that Yemeni President Ali Abdullah Saleh's announcement yesterday that he would not seek another term in office or try to pass power to his son was "positive" and "significant."

THE ASSOCIATED PRESS

## Mob attacks camera operator

A Canadian news cameraman was beaten by an angry mob in Egypt yesterday.

Sylvain Castonguay, of the CBC's French all-news network, was punched in the face and then swarmed and pummelled by dozens of people in Cairo before being rescued by soldiers.

THE CANADIAN PRESS

# Mubarak loyalists strike back in Cairo



► Pro-government demonstrators, below, clash with anti-government protesters, above, in Tahrir Square — a central point for heated demonstrations — yesterday in Cairo.

## ► Protesters accuse regime of using paid thugs to crush uprising

Bursts of heavy gunfire are ringing out in Cairo's Tahrir Square, and a protest organizer says three anti-government demonstrators have been killed.

Mustafa al-Naggar said he saw the bodies of three dead protesters being carried toward an ambulance before dawn today local time. He says the automatic-weapon fire directed into the square came from at least three locations off in the distance.

The Egyptian military has had the square ringed with tank squads to try to keep order, but al-Naggar said they did not intervene.

The health minister did not answer a phone call seeking confirmation of the deaths.

### Strong words

The notion that the Egyptian state may have co-ordinated violence against protesters prompted one of the sharpest rebukes yet from the Obama administration.

► "If any of the violence is instigated by the government, it should stop immediately," said White House press secretary Robert Gibbs.

Hours earlier, supporters of President Hosni Mubarak armed with rocks, sticks and firebombs charged into the square in what appeared to be an orchestrated assault against protesters.

THE ASSOCIATED PRESS

## Storm rages in Australia

The most powerful storm in a century ripped across Australia's northeast coast early Thursday, local time, blasting apart houses, laying waste to banana crops and leaving boats lying in the streets of wind and wave swept towns.

Authorities said they were surprised to learn at daybreak that no one had been reported killed, but cautioned that bad news could eventually emerge from communities still cut off after the overnight storm.

THE ASSOCIATED PRESS

## Tories advertising on three fronts

Partisan attack ads paid for by the federal Conservative party weren't the only politically attuned television spots that began flooding Canadian airwaves in the middle of January.

A new volley of taxpayer-funded government advertising touting Canada's Economic Action Plan —

the two-year-old, Tory-blue branding exercise that's supposedly in its final mop-up phase — began last month at exactly the same time as the Conservative party ads.

There are two sets of government ads.

One has the Canada Revenue Agency appearing to

link tax measures taken in 2006 to the Conservative government's Economic Action Plan of 2009.

The other has the federal Human Resources department spending big bucks to air prime-time Economic Action Plan ads touting job-skills training programs — even though the costliest of

these programs were bankrolled in January 2009 and are set to expire at the end of next month.

All three campaigns — the party's, the tax collector's and Human Resources' — began airing over a one-week period from Jan. 10 to Jan. 17.

THE CANADIAN PRESS

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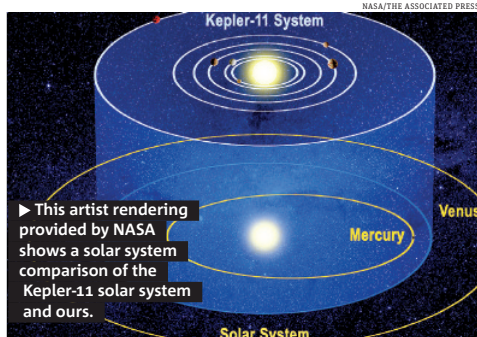
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# Life outside of Earth?

- More than 1,200 newfound bodies not yet confirmed as planets
- Possible life forms include bacteria, mould or something never imagined

An orbiting NASA telescope is finding whole new worlds of possibilities in the search for alien life, including more than 50 potential planets that appear

to be in the habitable zone. In just a year of peering out at a small slice of the galaxy, the Kepler telescope has spotted 1,235 possible planets outside Earth's so-

lar system. Amazingly, 54 of them seem to be in the zone that could be hospitable to life — that is, not too hot or too cold, Kepler chief scientist William

Borucki said. Until now, only two planets outside Earth's solar system were even thought to be in the Goldilocks zone.

THE ASSOCIATED PRESS

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## Haitian man deported by U.S. dies in homeland

"If it were not for the U.S. government ... They are the cause of my fiancé's death."

CLAUDINE MAGLOIRE, FIANCÉE

A Haitian man who suffered cholera-like symptoms and died in his Caribbean homeland after the U.S. government sent him back had participated in a hunger strike while detained in the U.S. and wrote to immigration attorneys that returning to Haiti amounted to a death sentence, his fiancée said yesterday.

Wildrick Guerrier was deported to Haiti with 26 others on Jan. 20. It was the first group deported to Haiti since a catastrophic earthquake struck that country in January 2010. All

but one had been convicted of a crime in the U.S.

Guerrier was among 26 Haitian detainees at a Louisiana detention centre who had participated in a six-day hunger strike that ended Jan. 18, his fiancée Claudine Magloire said. In a Jan. 13 letter to U.S. immigration authorities, Guerrier and the hunger-strikers asked that if they must be deported to send them to another country as post-earthquake conditions, a cholera outbreak and political unrest make Haiti an inhumane destination.

THE ASSOCIATED PRESS

## News in brief

BULLIT MARQUEZ/ASSOCIATED PRESS PHOTO



## Finding luck through cakes

**GOLDEN.** Wealthy Chinese-Filipinos are snapping up rice cakes decorated with gold and diamonds to celebrate the Lunar New Year in hopes of attracting good luck in the Year of the Rabbit.

The rabbit-shaped glutinous rice cakes sell for between \$500 and \$2,700 US and are covered with 24-carat gold foil and a few small diamonds.

THE ASSOCIATED PRESS

## Legalizing happiness

**BRAZIL.** In a nation known for its jubilant spirit, massive parties and seemingly

intrinsic ability to celebrate anything under the sun, is a constitutional amendment really required to protect the pursuit of happiness?

Several lawmakers think so, and a bill to amend Brazil's Constitution to make the search for happiness an inalienable right is widely expected to be approved soon by the Senate, which reconvened Tuesday.

THE ASSOCIATED PRESS

## Buddhists rally behind leader

**SUPPORT.** Thousands of followers of Tibetan Buddhism's third most important leader marched yesterday in Dharmasala, India, to show their support after authorities questioned the source of more than a million dollars at his headquarters in northern India. Police and revenue officials have twice interviewed Ugyen Thinley Dorje, the 17th Karmapa, and his aides about the source of the \$1.35 million US in a range of foreign currencies found at the Gyuto Tantric Monastery last weekend.

THE ASSOCIATED PRESS



BMO Financial Group





# Taxpayers won't fund grief trips

► Ottawa rethinking payments for families' trips to Kandahar

Memorial visits to Kandahar by the families of Canadian soldiers killed in Afghanistan will continue, but they'll be financed by non-public funds, says the Defence Department.

An aide said the visits, which had been briefly in limbo, won't be billed to the taxpayer. The exact details of who will pay for the trips weren't immediately available.

The department discovered it has paid millions of dollars in benefits without proper authorization.

In recent years, the Canadian Forces has flown families of soldiers to Kandahar Airfield so they can see where their loved ones fought and lived and died.

Etched into a memorial

## Not authorized?

► A host of items have cost the Treasury what are said to be millions of dollars over the last five years.

► The benefits include bonuses for out-of-country postings, separation allowances for soldiers with long-term assignments away from families, and travel costs and expenses paid for relatives of soldiers killed overseas.

in the base's Canadian compound are the images of the 154 soldiers, two aid workers, a journalist and a diplomat who have died as part of the Afghan mission. **THE CANADIAN PRESS**

New York. Popping up on iPads



► Eddy Cue, vice-president of Apple, attends the New York launch of The Daily, an iPad newspaper.

MARK LENIHAN/THE ASSOCIATED PRESS

## Hold the front page ...

Media mogul Rupert Murdoch yesterday unveiled The Daily — a daily newspaper designed specifically for Apple's hot-selling iPad. The "paper" will cost 99 cents a week or \$39.99 for an annual subscription.

# Will WikiLeaks get a Nobel nod?

A Norwegian legislator says he has nominated WikiLeaks for the 2011 Nobel Peace Prize.

Snorre Valen of the Socialist Left Party says the secrets-spilling website has promoted human rights, democracy and freedom of speech just like last year's winner, imprisoned Chinese dissident Liu Xiaobo.

The 26-year-old legislator wrote on his blog yesterday that WikiLeaks has exposed "corruption, war

# 200

The Nobel Prize committee typically receives more than 200 nominations. The nomination deadline for the 2011 prize was Tuesday.

crimes and torture" through its newsmaking releases of classified documents.

**THE ASSOCIATED PRESS**

## Call them Gypsies, say panels

Two parliamentary committees in Romania have voted to change the official name of a minority ethnic group from Roma to Gypsy.

The reason the legislators gave for yesterday's vote is that Gypsy is a more widely used name

for the group and that Roma is too close to the name Romania.

But the panels' votes have angered Roma civic groups, who say the word Gypsy has long carried negative connotations such as poor, uneducated and rootless.

Romania has an estimated 1.5 million Roma, but officially the figure is said to be about 500,000.

**THE ASSOCIATED PRESS**

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On February 9th, mental health is on everyone's lips.

On Bell Let's Talk Day, organizations dedicated to mental health will receive 5¢ for every text message sent and every long distance call made by Bell and Bell Aliant customers.\*

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# Hudson's Bay takes a bite out of food business

► Analyst says like Macy's, Bergdorf Goodman and Holt's, the eatery could become a destination in its own right

The Hudson's Bay Company wants to lure "die-hard foodies" through an upscale revamping of 24 in-store restaurants, part of a wider strategy to reposition itself as a higher-end department store.

The chain — which has recently introduced numerous chic clothing brands in an effort to change its image — said yesterday it is partnering with upscale restaurant operator Oliver & Bonacini and food services company Compass Group Canada.

The Bay said it wants the restaurants to attract foodies as well as provide higher-quality options for

**"We're going to have a variety of what you could call 'good-better-best' dining experiences, so there will be everything from deli and takeout and pasta bar, morning coffee, bakery, straight through to elegant dining."**

HUDSON'S BAY COMPANY  
CEO BONNIE BROOKS

shoppers during breakfast, lunch and dinner.

CEO Bonnie Brooks said price options won't necessarily change, because food will be sold at different price points.

The restaurants that will get makeovers are located across Canada, and include flagship locations in larger cities like Toronto, Montreal, Vancouver and Winnipeg, as well as smaller locations like Moncton, Regina, and Kelowna, B.C.

Ontario-based Oliver & Bonacini will focus on flagship locations in major Canadian cities while Compass will handle technology and facelifts at smaller stores.

THE CANADIAN PRESS

## Superbowl. Ads



► GoDaddy.com girl Jillian Michaels is seen during the filming production of the 2010 Super Bowl TV commercial for the website.

DAMIAN DOVARGANES/THE ASSOCIATED PRESS

## Real halftime is 30 seconds

GoDaddy.com, which registers domain names, was almost unheard of until it ran the most talked-about ad of Super Bowl XXXIX — a spoof of Janet Jackson's "wardrobe malfunction." While the Super Bowl is the biggest gambling event of the year, for many advertisers, buying time in the game is a wager that almost always pays off. Fox is charging about \$3 million US for 30 seconds of ad time this Sunday during Super Bowl XLV.

## Electronics spending in 2010 down slightly

Canadians spent a total of \$11.5 billion on consumer electronics in 2010 with TVs and personal computers driving the sales.

But the NPD Group says overall spending on consumer electronics in Canada was down slightly last year — off 1.1 per cent from 2009.

NPD Group's director of consumer electronics Mark Haar says prices for a number of products in "hot" categories for consumers have come down, which partly explains the year-over-year decline in spending.

For example, sales of flat panel TVs grew 19 per cent in 2010 versus 2009, while prices fell.

Haar says the average price of a 32-inch flat panel TV — the most popular size — was \$363 last December, versus about \$443 for the same period in 2009. In 2007, the same flat panel TV was \$720.

THE CANADIAN PRESS

## Loonie, oil up amid Egypt unrest

The Canadian dollar gained against the American currency for a second straight day amid higher oil prices, which rose yesterday as investors took in increased violence in Egypt.

The loonie climbed 0.27 of a cent to 101.19 cents US.

Egypt's upheaval took a dangerous new turn as several thousand supporters of President Hosni Mubarak attacked anti-government protesters in

Cairo, sending the March crude contract on the New York Mercantile Exchange up nine cents to \$90.86 US a barrel.

The March crude contract has risen more than six per cent over the past four sessions on worries that Egyptian unrest could result in a closure of the Suez Canal.

"That's the political risk premium coming back in," said Gavin Graham, global strategist for Excel Funds Management.

"It's not so much it's a big oil producer, it's the fact you have the Suez Canal and the pipeline and so it's something like four per cent of world oil supply going through there."

March copper in New York was off about a third of a cent from Tuesday's latest record-high close at \$4.55 US a pound.

The Canadian dollar had advanced just over a cent Tuesday, gaining strength on data from the

### Gold contract

Bullion moved lower as the April gold contract on the Nymex fell \$8.20 to \$1,332.10 US an ounce.

Institute for Supply Management showing higher than expected expansion of the U.S. manufacturing sector in January.

THE CANADIAN PRESS

### Market moment

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↑  
(101.19¢ US)  
+0.27¢

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(+8.2¢)  
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- 9 Pink - Perfect
- 8 Taio Cruz ft Kylie Minogue - Higher
- 7 Diddy-Dirty \$ ft Skylar Gray - Coming Home
- 6 Wiz Khalifa - Black & Yellow
- 5 Edward Maya ft Mia Martina - Stereo Love
- 4 Chris Brown - Yeah 3x
- 3 Britney Spears - Hold It Against Me
- 2 Avril Lavigne - What The Hell
- 1 Bruno Mars - Grenade

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## Middle Eastern airline landing in Canada

Qatar Airways plans to enter the Canadian market this summer by offering direct flights between Doha and Montreal, the head of the Middle Eastern airline said yesterday.

The airline plans to offer three weekly round-trip flights on Boeing 777 aircraft as part of its aggressive global expansion, chief executive officer Akbar Al Baker told reporters in Brussels.

Qatar, which began offering flights to Belgium on Monday, plans to reach 120

major destinations by 2013. It currently flies to 95 destinations, with Houston, Washington and New York being its only North American stops.

The additional flights come as the United Arab Emirates has waged a public battle with Canada to increase its flights.

Ottawa's refusal to give more slots prompted the UAE to kick the Canadian military out of a key base in Dubai used to support the war in Afghanistan.

THE CANADIAN PRESS



# BARNEY'S VERSION NOT ABOUT SIMPSONS

## He says ...

### JOHN MAZEROLLE



Canadian film needs help — not because it's bad, but because it's good.

The Genie nominations were announced yesterday, revealing a roll call of films including Incendies and Barney's Version that stand up well against anything worldwide, be it The King's Speech or the double-rainbow guy.

At least I assume the Canadian films are great. I haven't seen them yet, and neither have most of you.

Therein lies the problem. While I will likely see both those films, you can bet that my chances of seeing any of the other Genie nominees is the same as me getting in line for

Twilight 4, the one where Edward Cullen comes out of the closet (but only when invited).

The problem is not Canadian films, which are usually excellent. It's that we, as a nation, suck at hype.

Filmgoers consume pop culture the same way people buy groceries: We go for what's at eye-level first, the less reaching the better. We will go to what has exciting trailers, fast food tie-ins, and off-camera controversy.

Subsidies for Canadian film should be used to put money where our mouths are — keeping Canadians talking about film all year round, no matter what the movies are. Here are a few ideas:

**MCDONALD'S MEALS:** There are difficulties promoting Canadian films, given their typical subject

matter. For instance, the great Canadian movie The Sweet Hereafter is a heartwarming story of incest, paralysis, and dead schoolchildren, which are difficult concepts to build a Happy Meal around, even with the damaged school bus toy. So I propose Melancholy Meals that embrace the ennui of a Canadian winter and give our children something bigger to chew on. For instance, you can have a burger your way, or you can have Barney's Version, complete with chewed-off cigar bits for dessert.

**ADULT FILM TIE-INS:** For example — PassionDales, or Sex, Lies, And Videodrome.

Finally, imagine the stirring scene if Ricky Gervais hosts the Genies.

Ricky Gervais: Good evening ... you bunch of sods!

Canadian crowd: He's right! We're sorry!

With the proper hype, the Genies could become just like the Oscars. People will have Genie pools where they try to guess the winner of Best Actor You Know From Somewhere, people will ooh and aah at what Gorden Pinsent is wearing this year, and the girl in the shower in Porky's will captivate during her lifetime achievement speech.

I even have an idea for my own movie.

I can't reveal too much right now, but let me whet your appetite with two words: Triple rainbow.



Read more of John Mazerolle's columns at [metronews.ca/hesays](http://metronews.ca/hesays)

## Cartoon

MICHAEL DE ADDER

### TUG OF WAR



# Who you gonna call?

## Letters & Tweets

We asked: In honour of Groundhog Day, what's your favourite Bill Murray movie?

**@dubstf:** Scrooged. I watch this modern adaptation of Dickens' classic story every xmas eve because it's heartwarming & hilarious.

**@MattHoekstra:** Best Bill Murray flick? Lost In Translation. Captured the essence of foreign culture, and I like saying Scarjo.

**@dantic:** Scrooged and Ghostbusters, it's a dead heat.

**@sunny\_daze01:** toss-up between Caddyshack and Ghostbusters.

**@sunny\_daze01:** omg i forgot about Scrooged!! OK i change my vote to: "I like

## Back off, I'm a scientist

UBERM00GLE2006/Flicker



ALL Bill Murray movies."  
**@regtianga:** Lost In Translation, The Life Aquatic with Steve Zissou, The Royal Tenenbaums, Ghostbusters.  
**@bgroundnoise:** Ghostbusters IS the best. No debate. But Life Aquatic with Steve Zissou is good, too.  
**@Mel\_Brown:** My favourite Bill Murray movie was al-

ways What About Bob?  
**@boostventilator:** It's a toss-up between Rushmore and Garfield: A Tale Of Two Kitties.  
**@harriscandott:** My favourite Bill Murray classic is the holiday classic Scrooged. I never miss it on TV.  
**@williamcmurray:** have to go with the little watched Where The Buffalo Roam.

What are your critical ingredients for a good Super Bowl party?

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## Metro Minute at Halifax boat show

Need a good way to escape snow and winter? Go check out some boats.

The Halifax International Boat Show starts today and runs until Sunday at Exhibition Park in Halifax. Promoters say the show is the largest of its kind in Eastern Canada.

Boats of all kinds will be on display and range in size from six feet to more

than 30 feet.

"For nearly four decades this show has not disappointed," show manager Scott Sprague said in a release.

"This high-calibre event will draw boating enthusiasts from all over the Maritimes and has become the must-attend event for industry in Eastern Canada."

● METRO



► The Halifax International Boat Show runs until Sunday at Exhibition Park.



# 2 scene

# Shakespeare and Simpsons

▶ Rick Miller's many voices merge MacBeth with America's most dysfunctional family ▶ Show includes over 50 impressions of Simpsons

## BACKSTAGE PASS

JENNA CONTER  
METRO HALIFAX



Talking to oneself is such a common tendency; so how hard would it be

to perform a one-man show?

According to Rick Miller of MacHomer, it's not as easy as it looks.

"I make sure not to just do solo work," he says. "You end up lonely and go a bit insane."

MacHomer — opening tonight at Neptune Studio Theatre — marries Sir William Shakespeare's MacBeth with 50 Simpsons impressions.

The show was dreamt up by Miller during his time with Montreal's Shakespeare in the Park, where he had the arduous task of playing Murderer No. 2.

With some backstage time on his hands, the "genesis of MacHomer" was born.

His baby's early popularity motivated him to push further.

"I wanted to change the show, making it better," says Miller, the creator and performer for Bigger Than Jesus. "I've played high

**"If I did MacHomer 300 times a year, I would probably be checked into a mental hospital"**

RICK MILLER SPEAKING ABOUT HIS SHOW WHICH BLENDS MACBETH AND THE SIMPSONS

profile theatres around the world on the back of this cast party joke."

For those of us who know Sir Will's work well, there may be an audible groan when we think of literature's most respected playwright sharing the stage with the likes of The Simpsons, however Miller is aware of the line between his comedy and creating a tragedy.

"I do half of MacBeth because you can only carry the joke so far," he realizes. "The rest is a mix of 'Simpsonisms.'"

Miller's "vocal acrobatic exercise" includes 75 voices — the additional 25 are a surprise sing-a-long act perfected by Miller during his days on Just For Laughs.

After 15 years, Miller proves that sometimes playing with your self is more fun than playing with others. However, the Toronto resident keeps a proper perspective.

"If I did MacHomer 300 times a year, I would probably be checked into a mental hospital."



▶ Rick Miller has performed his MacHomer show worldwide.



## Event listings

What you need to know

▶ **What:** Heart  
▶ **Where:** Halifax Metro Centre  
▶ **When:** Tonight, 8 p.m.  
▶ **Ticket Info:** \$62.50 to \$72.50

Ann and Nancy Wilson, joined by a whole new Heart line up are gracing the Metro Centre for a night of rock ballads only the ladies can deliver. With a few changes to the line up, some career peaks and valleys, the ladies are back in action with their new album Red Velvet Chair featuring singles such as Dog and Butterfly and Little Queen. Of course, one can only hope they'll dig up some past classics like Crazy on You, Barracuda, What About Love and These Dreams. Trying my best to hide my incredible bias, tonight promises to be an epic evening of whaling guitars, extreme vocal octaves, and supreme tip-of-the-hat to the 1970s.

▶ **What:** Local Filmmaker Show and Tell  
▶ **When:** Friday, 8 p.m.  
▶ **Where:** The Khyber ICA  
▶ **Ticket Info:** \$6 at the door  
Come enjoy a film screening curated by Jason Levangie at The Khyber Institute of Contemporary Art on Barrington St. Offering up a collection of Atlantic Filmmakers Cooperative Film Five Productions, Levangie will also discuss how he selected the films, in addition to offering some valuable insights into how own career.



Drake

For the second year in a row, Toronto rapper Drake will perform at the Grammy Awards. He'll take the stage with Rihanna, a year after performing alongside Lil Wayne and Eminem.

THE CANADIAN PRESS



Elton John tells Rolling Stone magazine Billy Joel needs serious rehab and tough love

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# Sober coach goes to Sheen's house

► As Charlie gets treatment, *Two and a Half Men* crew is getting restless

While Charlie Sheen is allegedly getting rehab treatment at home, his *Two and a Half Men* bosses are looking at getting back to work within a month, according to E! Online — and a lot of the crew are hoping it will be sooner.

"A lot of us do not get paid if we don't work," a source at the show says.

"So if he's off getting rehab or porn-o-ing or whatever, we're screwed."

Meanwhile, Sheen is reportedly seeing a sober coach at his home because he has refused to go to actual rehab.

"He is at home now and those close to him are trying to get him to enter a facility," a source says.

"But he doesn't think he has a problem."

● METRO



## Carey reveals sex of twins

Mariah Carey and Nick Cannon are not only expecting twins, but they're having both a boy and a girl, they revealed to *Life & Style*.

"There were fan contests on Twitter about what gender they are and rumors about them being two boys or two girls, but nobody guessed this," Carey tells the magazine.

The news is convenient, given how Carey has been preparing for the babies' homecoming.

"Even before we announced it was twins, I was trying to keep everything gender-neutral because I didn't want to impose an identity on them too soon," she says.

● METRO



## J.Lo pissed at Tyler

Jennifer Lopez is reportedly far from thrilled at all the attention fellow American Idol judge Steven Tyler has been getting since the show's retooling, according to Popeater.

"This was meant to be Jennifer's big comeback. The entire re-branding of the show was built around

her, but now it's all about Steven," a source says.

"She's mystified at how this happened and has made it very clear to the producers that the cameras need to spend a little more time adoring Jennifer's favorite idol: herself."

● METRO



### Talking points

#### LiLo being investigated for theft

**PEOPLE** Barely a month out of rehab, and Lindsay Lohan is facing scrutiny by law enforcement — only this time it's in connection with jewelry theft, according to Radar Online.

"Lindsay is being accused of stealing high-end jewelry, including a necklace," a source says.

"A search warrant was requested Tuesday at the Airport Court to search Lindsay's house for the item of jewelry in question."

Investigators reportedly have video of Lohan wearing the missing jewels. ● METRO

#### Zsa Zsa Gabor family fighting

**PEOPLE** While Zsa Zsa Gabor returns to the hospital to deal with another possible infection in her leg, her daughter, Francesca Hilton, is gearing up for an ugly legal battle with Gabor's husband, Prince Frederic von Anhalt, according to Popeater.

"Frederic has put Zsa Zsa's Bel Air mansion on the market, but Francesca insists he has no right to sell the property," a source says.

"Francesca has had a long and terrible relationship with her stepfather and is terrified that as her mother lies back in a hospital bed he will convince her to sign something that would leave her with nothing." ● METRO

### Celebrity tweets

**Lindsay Lohan** [[@lindsay-lohan](#)] Hate when i record a show, then i dont have the episode that follows it! then again, if thats my biggest problem... life's great!

**Paris Hilton** [[@Paris-Hilton](#)] Just got adjusted by my chiropractor Dr. Tom Marinaro. It's incredible what an adjustment does to you. I feel so much better! Dr. Tom rocks!

**Tyra Banks** [[@Tyra-banks](#)] BellyButton talk time! I used to be outtie, now I'm innie. Weird. Maybe I am an alien...

**Conan O'Brien** [[@Conan-O'Brien](#)] People always recognize me, even when I wear sunglasses. Maybe it's the "Talk to me, I'm Conan O'Brien" t-shirt. ● METRO

#### Fight for her kid's custody concerns Halle Berry

**PEOPLE** Halle Berry's custody battle with ex Gabriel Aubry is getting vicious, according to *Us Weekly*.

"Halle has serious concerns for her daughter's well-being while in the care of her father for any extended period of time and is prepared to take all necessary steps to protect her," a source says.

But Aubry is reportedly telling a different story, claiming that Berry is inattentive.

● METRO





# 3 life

## Dos and don'ts

### SPRING FORWARD

For Spring, you will see a lot of colour - especially for the lips. I love a bright lip no matter the season! Use color boldly and play it up! With a natural foundation and light blush, a bright lip is so fashionable.

### LET IT MELT AWAY

What you won't see this Spring are muted colors or a strong lip and a strong eye together - it is one or the other, definitely not both! The 'artificial shimmer' is gone this season too. You will see a more sophisticated shine though.

GLOBAL MAKEUP  
ARTIST  
CHARLOTTE WILLER

► International makeup phenomenon Charlotte Willer stocks up for sunnier days with a little help from Maybelline cosmetics

# The forecast calls for bright & beautiful

## Sassy spring days



### GET THE LOOK

- To begin, for the complexion, use Maybelline's FIT ME foundation to create a 'second skin' and even base.
- Define eyebrows: It is very important to frame the face — try Maybelline New York Define-A-Brow.
- Use FIT ME Illuminator on the eye lid for a soft even finish.
- On the eyes, use Maybelline's Volum' Express One by One Mascara with a light application on the lashes.
- For the cheeks, use FIT ME Medium Coral — apply with your fingertips.
- For the lips, define the lips using COLORsensation No. 630 Red Revolution to create a strong lip.

## Smokey spring soirees



### GET THE LOOK

- Begin with FIT ME foundation to create an even base.
- Define eyebrows using Maybelline New York Define-A-Brow
- Line your eyes with Black Eye Liner Pencil or EyeStudio Gel Eyeliner in Blackest Black
- Accent the eye with Maybelline's EXPERTWEAR Amethyst Smokes palette, using deep purple on the bottom of the eye. Continue with the deep colour on the lid and crease. Use the white shadow to highlight.
- Continue with Volum'Express One by One Mascara in black applying to the lashes and making the eyes more dramatic.
- For the lips, apply Maybelline's COLORsensation Pink Sand.
- Apply the FIT ME Light Pink to cheeks for a soft natural complexion.



## Relax, don't be shy!

Maximize your spa time with the help of TheKit.ca expert Danielle Edwards of Dermalogica Canada

**Should you be in the buff or have undies on for a session at the spa?**

"That's up to you, depending on your comfort level and, of course, the type of service," says Edwards. "There's no need to com-

pletely undress. Most spas tell you what to wear (or what not to wear) when you book the appointment. If they don't and you're unsure, ask to avoid potential embarrassment later." Our simple solution to the bare-or-not-to-bare question? A teensy thong.

**What if you've been assigned a male practitioner and you're not comfortable?**

First, keep an open mind. You might not know what you're missing. "The best way to avoid this situation is to be detailed with your requests when booking," says Edwards. "If you asked for a woman but are assigned a man when you arrive, you are well within your rights to request another therapist."

**What can you do if your ther-**

### apist talks too much?

"This is your time, so if your therapist is overly chatty, communicate this," says Edwards. Our favourite silencer to help keep your zone zen? "Wow, this is so relaxing, I'm just going to snooze now." Or simply stop talking yourself. Your silence can speak volumes.

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Jean Paul Gaultier isn't done. There are more movies to be inspired by, muses to court and corsets to sew.



# Online retailers let you click 'til you drop

## DECOR MOMENT



KARL LOHNES  
HOME@  
METRONEWS.CA

Everyone loves a great bargain on home decor items and there's no easier way to find deals during the winter than sitting at the computer. No slushy roads, crowds, stuffy stores and fighting for deals.

Online shopping is now easy, safe and most of all convenient. I purchase clothing, shoes, bedding, dishes, lighting and even my groceries online. I can shop when and where I want, plus have items delivered where I want (home, work, cottage or elsewhere). Here are some pointers to get you started

on your way to a more fashionable home via the web.

### Finding a good website

When starting off, shop the websites of large, reputable retailers. If visiting non-retail e-sites then use referrals from friends who may have experienced a positive shopping experience with them.

Shop online with real stores, not just e-commerce style sites when starting out.

The real stores will often use their e-sites as clearance sites for outdated merchandise whereas sites that do not support a retail business usually do not have clearance stock.

Shop online with stores who you have physically shopped at before; you'll have a better idea about the quality of their products.

This is very important when buying things like bedding, clothing or shoes. Always shop with a website that offers a contact phone number on their site. If you have any ques-



► Shopping online from the comfort of home is especially convenient during the winter.

tions you can call them before ordering.

### What to look for

Look for pop-up banners promoting special items and promotions that are happening on the site. Look for extra-specials like additional discounts off seasonal items or free shipping incentives.

### What to buy

End of season items

(they'll be like new next year!), holiday decor, product you might already have but need more of like china or flatware, and bedding. Knowing that gold-tones are going to be hot next Christmas, I've gone online and purchased discounted holiday items in gold for next year; all with huge savings.

### Paying for the goods

If you don't feel comfort-

able giving your credit card number online then call in your order to the customer help line. They can process your order verbally so that you don't have to enter your credit card information online.

Use your gift cards online. It's a safe way to pay for the items without having to share your credit card information. Or ask a friend who has already

shopped on the site and has an account.

Never click on the box that allows the retailer to keep your credit card information. Punch it in new each time you shop.

Some retailers will charge a large shipping fee to cover duty and brokerage fees. If so, you should be spending at least four times this fee to make it affordable.

## Check out

### My favorite sites:

- **urbanoutfitters.com**  
Funky decor items, floor mats, decorative hooks and iPod cases.
- **sears.ca**  
All the necessities like bedding, pillows, tablecloths and home tools.
- **restorationhardware.com**  
Always great furnishings and lamps on sale.
- **anthropologie.com**  
Very unique tabletop items and drapery panels.

## Make design decisions easier with these tips

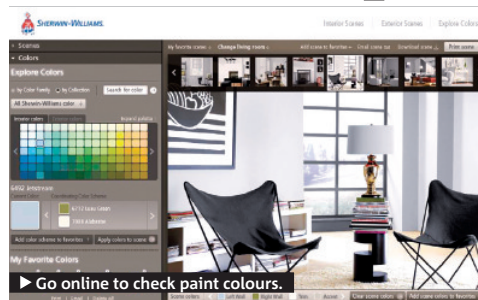
The journey to the ideal wall colour or room style is fraught with angst. Here are expert tips to make decor decisions a bit easier:

### Look at yourself

Pay attention to what you're drawn to in magazines, other people's homes, TV shows. Think about the colours in your wardrobe, too.

### Test-drive it

Test a large paint swatch on all four walls. The light, the room's orientation and the surrounding colours all have an effect on a paint shade. Bring home samples of window treatments, wall and floor finishes, even cabinet doors.



► Go online to check paint colours.

### Size it up

Take a tape measure to the store, make sure the piece will fit your space, and sit on it as you would at home. A leather sectional may look nice, but nobody's going to enjoy sitting on it if it's not comfy.

### Go online

Benjamin Moore, Behr, Pittsburgh and Sherwin-Williams among others offer online programs where you can overlay paint shades on different room styles.

THE ASSOCIATED PRESS

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# Learning experience

► Writer-director Clement Virgo, who made his film *Poor Boy's Game* in Halifax, hails Black History Month

IAN GORMERLY  
FOR METRO CANADA

Few filmmakers have captured the black experience in Canada as well and as often as writer-director Clement Virgo. From his earliest short films to boxing drama *Poor Boy's Game*, Virgo has shared stories that would otherwise have remained unheard.

It's that dedication to uncovering new tales that's made him such an ardent supporter of Black History Month, which begins today with events planned across North America. "I think it's a collective history month," explains the director. "The

## Sound advice

Clement Virgo recently spoke with director Spike Lee in Toronto.

► For his conversation with Lee, Virgo chose to focus on the use of music in the famed director movies. "I think that music sets a tone to film and how people respond to it," says Virgo. "But it can take you out of

the film as well." Lee's father was a jazz musician, so it's no surprise that music became a central element in some of his best films. "Look at *Do the Right Thing*. That opening sequence with [Public Enemy's] Fight the Power is one of the great opening film sequences," he marvels. "I always look for filmmakers who have the balance of sound in their films."

black-Canadian experience is just a part of that."

That experience, though, is left out of many current school curriculums.

"Often times, we don't learn about a lot of people's history or a lot of his-

tory in general. Black History Month gives people an opportunity to say 'I didn't know that.' Every year I learn something new."

The love of learning, he says, is part of the driving force behind the success of *The Book of Negroes*, for



► Writer-director Clement Virgo co-wrote a film adaptation of *The Book of Negroes*.

which Virgo and author Lawrence Hill co-wrote a script for a movie adaptation.

"A lot of people — black, white or whatever — pick that book up and it's so well researched, it's got so much information that we didn't know."

A Jamaican immigrant who moved to Regent Park

with his family when he was 11 years old, Virgo is a self-described "curious artist," who loves speaking to other filmmakers. Last February he sat down with Norman Jewison and Precious director Lee Daniels to talk about the representation of black people in film. And last week at the Varsity Cinemas he had the

chance to speak with Spike Lee.

"She's Gotta Have It was a big influence on me as a young person trying to figure out what they wanted to do with their life," he says. "Up until that point film was mainly a hobby. It was quite inspiring. And it ushered in another wave of black cinema."

## Education guide highlights black history

Students across the country are being provided with a primer on black history in Canada just in time for Black History Month.

The Historica-Dominion Institute is behind the Black History in Canada Education Guide, which has been shipped to more than 3,000 high schools. The institute is the country's largest charitable organization dedicated to Canadian history, identity and citizenship.

Jeremy Diamond, the institute's director of development and programs, said the idea stemmed from the success they had creating a similar campaign around Paul Gross's film *Passchendaele* a cou-

ple of years ago.

They encouraged the filmmakers to work with them on a public education campaign to help drive youngsters to the movies to learn more about the country's history and the First World War.

"What we wanted to do with this guide in a similar vein is to use a popular book, like *The Book of Negroes*, as a foray into learning about the experience of black history in Canada," Diamond said in an interview Tuesday.

He said the guide focuses on the story of black Canadians and black history in Canada over 400 years, while drawing on

**"Every day history's being written ... We need to continue to look at how black Canadians are continuing to make an impact in Canada."**

JEREMY DIAMOND,  
HISTORICA-DOMINION INSTITUTE

Lawrence Hill's award-winning novel as an example of the black Canadian experience in the 19th century. The guide also includes a message from the author.

The *Book of Negroes* tells the story of an 11-

year-old girl who is abducted from her village in West Africa and enslaved in North Carolina. She forges her way to freedom years later, serving the British in the Revolutionary War and registering her name in the *Book of Negroes*, a record of some 3,000 black Loyalists who left the U.S. to resettle in Nova Scotia.

Diamond said they use different subjects or themes such as slavery and human rights which they're able to draw from the book to explore the larger perspective of black history in Canada.

"We often think of the United States, we often think of the Civil War and slavery, but we have our own story here in Canada when it comes to black settlement," he said. "It's talked about in the book, and we expand on that as part of the guide to be used in the classroom."

The guide is supplemented with a website, [www.blackhistorycanada.ca](http://www.blackhistorycanada.ca) that has interactive learning tools and online resources. The guide is also accessible through the site.

It also features a timeline of key events, from the arrival in 1605 of

Mathieu Da Costa, a translator for Samuel de Champlain thought to be the first black person on Canadian soil, to Michaëlle Jean becoming the country's first black governor general in 2005.

Contemporary culture and modern-day figures

are also highlighted, including the late jazz pianist Oscar Peterson, musician K'naan, filmmaker Clement Virgo, author Austin Clarke and Toronto Argonauts vice-chair and retired player Mike (Pinball) Clemons.

THE CANADIAN PRESS



► Former Governor General Michaëlle Jean is among those featured in the new Black History in Canada guide.



Halifax Regional Police is pleased to join all Nova Scotians in celebrating African Heritage Month. Together, we will continue to make progress.

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# Heat up your Chinese New Year with Spicy Hoisin Beef and Noodles

◆ Ringing in the Year of the Rabbit doesn't have to mean ordering out. Make your own feast with this simple dish

Making your own Chinese New Year feast at home doesn't have to take too much effort.

That was our theory when we set out to improve on this classic Chinese recipe. And we were thrilled with the results.

The slightly salty noodles act as a base for a saucy-spicy beef.

The sauce uses hoisin and chili-garlic paste to punch up taste.

## Preparation:

**1 Ginger Soy Noodles:** Bring a large saucepan of salted water to a boil. Add noodles and cook according to package directions. Drain and set aside.

**2** Return saucepan to stove. Add sesame oil and heat over medium-high heat. Add ginger, bell pepper and scallions. Sauté for 1 minute; add noodles and soy sauce and toss well. Cover and set aside.

**3 Spicy Beef:** In a shallow bowl, stir together cornstarch and five-spice powder. Toss steak strips in mixture to coat.

**4** In a deep skillet over high, heat oil. Sauté steak strips turning occasionally for about 3 minutes or until crispy and browned. Drain off any excess oil. Stir in hoisin, chili-garlic paste and rice vinegar.

**5** Serve beef over noodles. Sprinkle sesame seeds.

## Ingredients:

### Ginger Soy Noodles

- 2 pkgs (each 9 oz/255 g) fresh egg noodles (sold alongside produce and tofu)
- 2 tsp (10 mL) sesame oil
- 2 tsp (10 mL) minced fresh ginger
- 1 red bell pepper, sliced into thin, 2-inch (5 cm) long

### strips

- 3 green onions, thinly sliced diagonally
- 3 tbsp (45 mL) soy sauce

### Spicy Beef

- 3 tbsp (45 mL) cornstarch
- 1/4 tsp (1 mL) five-spice powder
- 1 lb (500 g) flank steak, cut into 1/4-inch (5 mm) thick

### strips across the grain

- 1/4 cup (60 mL) vegetable oil
- 1/4 cup (60 mL) hoisin sauce
- 2 tbsp (30 mL) Asian chili-garlic paste
- 2 tbsp (30 mL) rice vinegar
- Sesame seeds (optional)

LARRY CROWE/ THE ASSOCIATED PRESS



Yields: 6  
Prep time:  
40 minutes  
Cook time:  
40 minutes

▶ You can reduce the Asian chili-garlic sauce by half for a milder version of this dish.

◆ EMILY RICHARDS, WITH FILES FROM THE ASSOCIATED PRESS

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR

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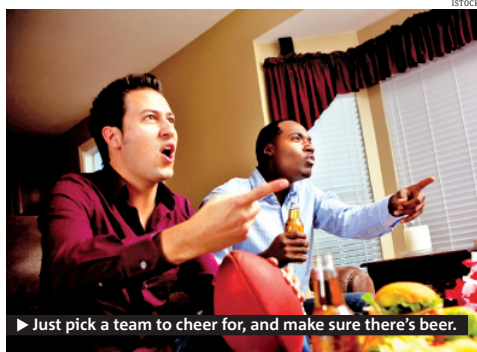
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Open casting call pre-registration closes at 12:00 p.m. (noon), Eastern Time, on February 4, 2011. Must be legal resident of Canada who has attained the age of majority in province of residence. Applicants may only submit one recipe and participate in one Open Casting call. Up to twenty-one individuals will be selected to participate in the program. Seven prizes of \$25,000 and one Grand Prize of \$250,000 available to be awarded. Success in being selected to participate in the program and winning a prize depends on the number and quality of eligible submissions received, the decisions of a judging panel, the skill of the participants throughout the competition and, for the Grand Prize, the results of a public vote. Participants in the program must be available for filming as required (anticipated to be between January 10, 2011 and December 15, 2011). For full set of competition rules, to pre-register online and for open casting call dates and locations visit [www.recipetoriches.ca](http://www.recipetoriches.ca). Food Network is a trademark of Television Food Network G.P. used with permission. President's Choice is a trademark of Loblaw Inc. used with permission. Recipe to Riches is a trademark of Temple Taste Productions Limited.







# Super Bowl 101

▶ Not a football fan? Former TSN SportsDesk anchor Teresa Kruze shows you how to fake it with your friends



You've been roped into watching the Super Bowl on Sunday. Know nothing about the NFL? It will be

the most watched TV event of the year and chances are you've probably been invited to a party somewhere.

Here is everything you need to know to enjoy the game and a few inside hints to make you look like an expert.

#### Who is Playing

Pittsburgh Steelers vs Green Bay Packers.

Two of the most storied franchises in the NFL will meet up in Arlington, Texas, for Super Bowl XLV.

The Steelers are six-time Super Bowl Champions and last won in 2009. They're coming into the

game with a swaggering, "been there, done that" attitude.

The Packers have won three Super Bowls but are the holders of twelve championships — more than any other team in NFL history. They last won the Super Bowl in 1997 and are hungry to take Vince Lombardi's trophy back to Green Bay.

Here's an easy way to enjoy the game. Pick a team and cheer for them when they score.

Let the experts dissect the game and talk about it for years to come (and they will).

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Sunday and Canadians  
won't be far behind.



#### Gotta have grub

Leave the crab stuffed mushrooms and duck pate off the menu. You'll need platters of heart-stopping snacks from all the major football food groups: Beer, chili, hot wings, beer, beef on a bun, beer, pizza, beer and nachos smothered in layers of cheese. Did I mention you'll need some beer? Stock up.

Don't bother with the

cute theme cake featuring a large chocolate football in the middle of a green mint icing field. Waste of time. After they finish chowing down the chili, pizza and nachos you won't need dessert.

But if your crowd is still hungry bring out another batch of hot chicken wings.

They'll thank you. Trust me.

#### Instant expert



If you think a **Lame Duck** or a **Dying Quail** are injured birds (they're football terms) think again. They are football terms and there are too many to learn before Sunday. Here's a quick guide:

- ▶ **Touchdown.** Good.
- ▶ **Quarterback sack.** Bad, but only if it's your team's QB getting a turf face wash. If you're on the opposing team and you just got a quarterback sack then it's good. Got it?

Here are a couple of key phrases you can throw in to show that you're Super Bowl savvy:

- ▶ "I'm expecting both teams' D to come up big".
- ▶ "The Steelers have to go to the air if they want to beat The Pack."
- ▶ "I hear Troy Polamalu's hair is three feet long."

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► Mooseheads forward Martin Frk tries to shake Drummondville Voltigeurs left-wing Marc-Olivier Brouillard during the second period of last night's QMJHL game at the Metro Centre. The Mooseheads scored four times in the third period to win the game 5-2.

# Herd deliver a snowstorm shocker to Volts

► Mooseheads knock off fourth-place team to improve to 17-31-3 ► Move within four points of 14th-place Val-d'Or ► Top-ranked Saint John up next



**MATTHEW WUEST**  
@METRONEWS.CA

If you weren't there to see it, you might not believe it.

But with only about 500 in the Metro Centre stands last night because of a vicious snowstorm, there were very few on hand to witness one of the Halifax Mooseheads' season highlights — a 5-2 upset win over the fourth-place Drummondville Voltigeurs.

"We told each other before the game, 'We'll do our show, even if nobody's here,'" said Mooseheads left-winger Carl Gelin, who scored the final two goals, one on the power play and one into an empty net, to seal the win.

"It's too bad the fans weren't here, because that was a pretty good game."

The fans that did brave the storm were treated to a delightful third period

**"We beat Drummondville last year, too. I guess we have their number, so it wouldn't be bad to see them in the playoffs."**

**GERRAD GRANT, ON UPSETTING THE DRUMMONDVILLE VOLTIGEURS FOR THE SECOND STRAIGHT SEASON.**

— which the Mooseheads entered trailing 2-1 — and made quite a ruckus as the come-from-behind shocker unfolded.

The Mooseheads scored three times in a three-minute, 55-second stretch in the opening 5:20 of the third to steal the game away from the Voltigeurs.

Trey Lewis, at 1:35 on a point shot, Darcy Ashley, at 2:40 on a shot from the side boards, and Gelin, at 5:20 on a sweet feed from Martin Frk, scored the goals that turned the tide.

"I don't know what happened ... but we made excitement on the bench instead of relying on the crowd," said Gerrad Grant, who scored in the first to snap a 23-game goal drought that dates back to Oct. 30.

"You've got to make the most of it when there are only a few people there, but it turned out great."

It was hard to tell a 36-point gap separated the two teams, as the 15th-place Mooseheads outshot the Voltigeurs 30-24 and gave up just nine dangerous shots.

Goalie Frederic Piche got the win with 22 saves and benefitted from an outstanding late-game defensive stand that pretty much everybody contributed to.

"We expected a tough game, and it was a good challenge for us," Gelin said. "We arrived on the ice ready, and we have to be like that every night."

## Defence makes top prospect look ordinary

If you hadn't seen Sean Couturier take part in a pre-game ceremony, you might not have known he was in the lineup for the Drummondville Voltigeurs.

The Mooseheads, who honoured the reigning QMJHL scoring champion with a plaque for his accomplishments with the Canadian world junior team, proceeded to hold him off the scoresheet, limiting him to just one shot. He was also minus-1 and lost 12 of 22 faceoffs.

"I didn't see Couturier tonight," said Mooseheads winger Carl Gelin sarcastically. "I don't know where he was."

The six-foot-four centre is one of a handful of candidates vying to be selected first overall in the 2011 NHL draft.

He is sixth in QMJHL scoring with 24 goals and 47 assists for 71 points.

While it might be fair to say Couturier didn't have a great game, the Mooseheads played well defensively.

"Our defence played great," said Mooseheads forward Gerrad Grant.

"Anthony Goulet stepped up huge and had five or six blocked shots that took away their momentum. A couple of those might have gone in."

● MATTHEW WUEST

## Martel no longer in QMJHL

The winningest coach in QMJHL history is out of a job.



The Chicoutimi Saguenéens fired head coach and general manager Richard Martel yesterday, who was in his eighth season with the club.

Martel, who has a career record of 589-516-66 in 1,171 games, has also coached in St-Hyacinthe, Val-d'Or and Baie-Comeau.

The Saguenéens had an 18-22-4-6 record under Martel this season, 13th in the QMJHL. ● METRO

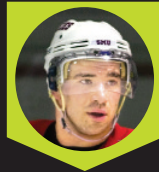
# 4

sports

### Up and down

#### Ian Fitzner-LeBlanc

The top-seeded Mayflower skip won his opener at the Nova Scotia men's curling championship at the Dartmouth Curling Club yesterday morning, defeating 16th-seeded club-mate Mark Dacey 7-5. Today's draws will be played at 10 a.m., 3 and 8 p.m.



#### Mike Danton

Ex-NHLer and Saint Mary's Huskies forward Mike Danton will be the subject of a book called *The Lost Dream: How NHL Ambition Destroyed One Canadian Family*. The book, written by Steve Simmons, will be released later this year.



Scan code for more sports



# Weather forces Packers indoors

► Team learns that Texans are willing to pay big money for their football



► Packer Clay Matthews, right, stretches with teammates during practice yesterday.

In need of an indoor facility worthy of a Super Bowl team, the Green Bay Packers turned to a high school.

Chilly temperatures, wind and ice forced the Packers to scrap plans to practise outdoors at Southern Methodist University yesterday and move to the \$4.5-million US indoor field at nearby Highland Park High School. With more cold weather expected, Green Bay is likely to remain on the school campus today and tomorrow.

"We feel like this will not affect us from a preparation standpoint at all," Green Bay coach Mike McCarthy said.

Highland Park's facility

opened in August, and is comparable in quality to the one at Texas Christian University that the Pittsburgh Steelers moved into yesterday. Both buildings are NFL-calibre.

Such quality at TCU is one thing. But a high school?

That's how it goes in Texas, especially the Dallas-Fort Worth area. There are megamillion prep palaces all around, with a \$60-million outdoor stadium going up.

Highland Park is among the wealthiest suburbs in the nation, so the district could afford the pricetag. A \$1-million donation from the booster club helped,

too.

"That's ridiculous," Packers receiver James Jones said. "We barely had a football field at my high school in California ... They need to send some of that extra cash out to California."

Daniel Sepulveda, a punter for the Steelers on injured reserve, actually happens to be an HPHS alum. Before his team worked out at TCU, Sepulveda sounded jealous that the Packers got to hang out near his old stomping grounds.

"It's crazy," Sepulveda said. "Small world."

Some Highland Park players and a few fans were waiting when the Packers

bus arrived. Those hoping to watch from the sideline were out of luck as security kept everyone away.

THE ASSOCIATED PRESS

## Icy relationship

It's a twist that ice in Dallas would cause problems for the Packers.

► Ice in Green Bay affected the Cowboys on Dec. 31, 1967 — the game known as the "Ice Bowl."

► They beat Dallas on a last-minute play, with a trip to the second Super Bowl on the line.

## Cavs one away from matching record losing streak

So close.

That's about as good as the Cleveland Cavaliers can hope for these days.

Cleveland's slide reached 22 straight — one shy of the NBA's single-season record

— as Danny Granger scored 23 points and Darren Collison added 22 points to lead the Indiana Pacers to a 117-112 win over the Cavs, still winless in 2011 and losers of 32 of 33.

"We're disappointed. It's frustrating," forward Anthony Parker said. "We had opportunities to win and we came up short. We've got to find a way to get it done."

Unless they can prevail Friday in Memphis, the Cavs (8-41) will match the league's all-time mark for consecutive futility, a record shared by the 1995-96 expansion Vancouver Grizzlies and 1997-98 Denver Nuggets, who each dropped 23 in a row.

Cavs coach Byron Scott played on that dreadful Vancouver team. He's now coaching one that could soon be equally as pathetic. "It hurts," Scott said. "When you lose games it hurts, especially when you give yourself an opportunity to win, it hurts that much more."

"We had an opportunity."

Actually, several of them.

The Cavs had chances to pull out their first win since beating the New York Knicks in overtime Dec. 18,

but Parker missed a runner in the lane with 18.8 seconds left, J.J. Hickson fumbled away a pass underneath and Granger iced it by making four free throws in the final 17 seconds.

Ramon Sessions scored 25 points and Antawn Jamison had 21 points for Cleveland, falling further than it ever imagined in its first season without superstar LeBron James.

The Cavs fought until the end, something they rarely did while going 0-for-January. This was better, much not good enough for a team missing several key players because of injuries.

Just like comic Bill Murray's character in the movie Groundhog Day, it was more of the same on Groundhog Day for the Cavs.

"That one took a lot out of us," said Sessions, who added nine assists and went 13 of 14 from the line. "We felt like we played well. We weren't able to close them out."

Cleveland has been beyond bad of late. Before taking the lead in the third quarter on Sessions' three-point play with 1:15 left, the Cavs had gone more than 217 playing minutes without holding a lead.

The Cavs' struggles and the remnants of the powerful Midwest blizzard combined to keep people away from Quicken Loans Arena in droves.

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## Sports in brief



### Steeler gives himself 75% chance to play

NFL. Pittsburgh Steelers rookie centre Maurkice Pouncey sat out practice yesterday but expects to play in the Super Bowl.

He sustained a high left ankle sprain in the AFC championship game.

THE ASSOCIATED PRESS

### Belichick top coach again

AWARDS. New England coach Bill Belichick has won The Associated Press 2010 NFL Coach of the Year award, the third time he has earned the honour.

He led the Patriots to a 14-2 record and received 30 votes from a nationwide panel of 50 media members. Belichick also won the award in 2003 and 2007.

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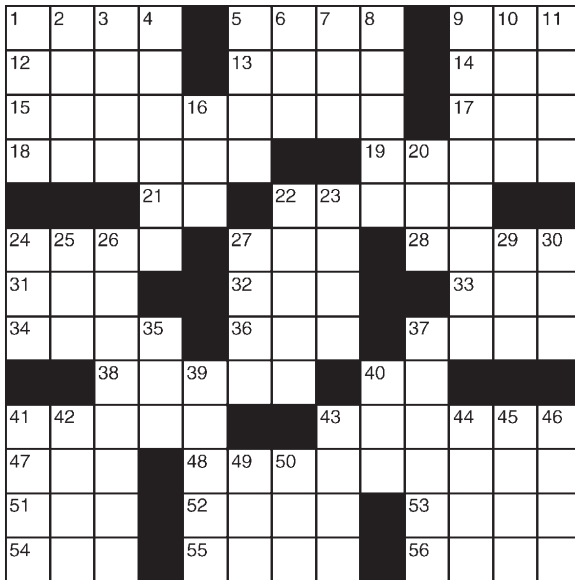
# Crossword

## Across

1 Tranquil  
5 Ointment  
9 — de deux  
12 Do as you're told  
13 Pelvic bones  
14 Joan of —  
15 Rag  
17 Shell-game item  
18 Respectable people?  
19 Glisten  
21 "Behold!"  
22 Dim, as with tears  
24 Vex  
27 Cattle call  
28 Molt  
31 D.C. VIP  
32 Fall back  
33 Rd.  
34 Fellows  
36 Rushmore figure  
37 Ragout or ratatouille  
38 Unhealthily pale  
40 "I see"  
41 SeaWorld attraction  
43 Big flop  
47 Chance  
48 Tatum O'Neal's first movie  
51 Tramcar contents  
52 Verve  
53 Felipe of baseball  
54 Apiece  
55 Tear in two  
56 Untouchable Eliot

## Down

1 Scoop holder  
2 First victim  
3 Naughty  
4 Yours truly

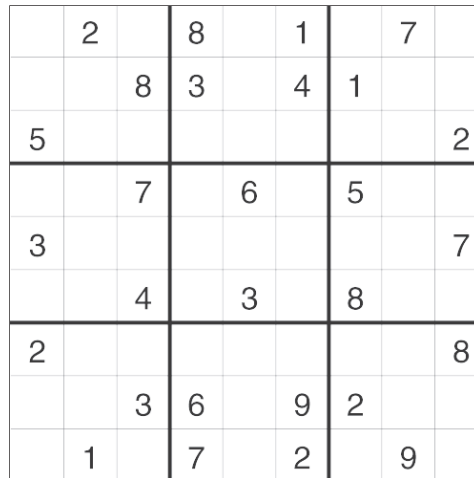


5 Prejudice  
6 Matterhorn, for one  
7 Whopper  
8 Mrs. Homer Simpson  
9 Wearable origami?  
10 Neighborhood  
11 Con  
16 Expert  
20 Part of UNLV  
22 Coventry cop  
23 Earring locale  
24 Fuel economy stat  
25 Debtor's letters  
26 Zapper ancestor  
27 Vegan's no-no  
29 2-Down's mom  
30 Morning moisture  
35 Our uncle  
37 Tribal magician  
39 "Great!"  
40 Melody  
41 Buy stuff  
42 Aesopian also-ran  
43 Stave (off)  
44 Unrivaled  
45 Dove's vocabulary  
46 Responsibility  
49 Brewery product  
50 Skillet

## ► Yesterday's answer



# Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## ► Yesterday's answer

2	1	9	7	4	8	5	3	6
8	7	5	3	9	6	2	1	4
6	4	3	1	2	5	7	8	9
1	5	2	9	8	3	4	6	7
7	3	4	5	6	2	1	9	8
9	6	8	4	7	1	3	2	5
5	8	1	6	3	4	9	7	2
3	2	7	8	5	9	6	4	1
4	9	6	2	1	7	8	5	3

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**Angelito G.Q. , WOW is your 10th birthday!!! we feel so blessed to have you as our son. You are a caring brother and a truly amazing boy. May God keep on blessing you. Te Amo MAMI, PAPI & ANDRES =)**

**Eliza, you are so special for me. Sans toi je ne peux pas continuer. Life is too short and i want just you & me live together & happy for forever. je ne bois pas, je ne fume pas, ma seule drouge c'est toi ...**

**John, my alpha and omega. Your the beginning and end of my days and always on my mind. Thank you for loving me! Love always, FIDGET**

# Today's horoscope

**♈ Aries March 21-April 20** Just because something is wrong for other people, does not mean it is wrong for you. Today's new moon will encourage you to be more adventurous in your thinking.

**♉ Taurus April 21-May 21** Cosmic activity on and around the midheaven angle of your chart increases your chances of material success. Don't hold back. Your desires are valid and valuable. Embrace them.

**♊ Gemini May 22-June 21** Your confidence is at a high, but other aspects warn you need to supplement that confidence with both subtlety and strength of character. To get what you desire, try giving others what they desire first.

**♋ Cancer June 22-July 22** You've kept your head down lately, but you will be less fearful today about the path you are planning to take. Yes, of course, some people won't like it, but do they matter?

**♌ Leo July 23-Aug. 23** Don't just assume that people know what you are talking about. Make sure they get the message. Spell things out for them in plain and simple language, as you might for a child.

**♍ Virgo Aug. 24-Sept. 22** As Mercury, your ruler, changes signs today so it might be wise to take a look at your working routine. Common sense tells you that you cannot possibly get everything done in one mad rush, so don't risk it.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

**♎ Libra Sept. 23-Oct. 23** Good news of one sort or another will come your way over the next 24 hours, but it's really not unexpected. The new moon in Aquarius means a new start is not only possible but hugely desirable.

**♏ Scorpio Oct. 24-Nov. 22** Don't waste time giving a loved one advice. He or she won't listen. Just let him or her get on with it and be there to pick up the pieces when it goes wrong.

**♐ Sagittarius Nov. 23-Dec. 21** You seem to be in a carefree mood at the moment and long may it continue. Social events and travel plans are under excellent stars today, so get out and about.

**♑ Capricorn Dec. 22-Jan. 20** You must be honest in all your dealings today, especially those that involve money. You'll be rewarded if you make sure everyone benefits.

**♒ Aquarius Jan. 21-Feb. 18** Not only is there a new moon in your sign today but Mercury, planet of the mind, moves into your sign, too. That suggests you know exactly what you should be doing and exactly how it must be done.

**♓ Pisces Feb. 19-March 20** If you look for reasons to work with others, rather than against them, you'll find that everything runs smoothly over the next 24 hours. Remember, too, that not everyone is perfect. **SALLY BROMPTON**

## Caption contest



## WIN! You write it!

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